
MAKRIDOU EFTHYMIA

Researcher at Greek National Centre for Social Research (EKKE), Sociologist

Work address: 9 Kratinou & Athinas Street, 10552 Athens, Greece

Email: emakridou@ekke.gr

EDUCATION

2014: PhD in Sociology, Paris 8 University, France.

Supervisor: Helena Hirata, Emerita Research Director.

PhD Dissertation: “Le care dans tous ses éclats. Les employées au service des personnes âgées: entre contraintes et petits arrangements” [Care in all its forms: Employees serving the elderly: caught between constraints and informal arrangements]. Grade: Excellent with honors.

2006: Master’s Degree (Master 2), “Territoires, Espaces et Sociétés” [Territories, Spaces and Societies], École des Hautes Études en Sciences Sociales (EHESS), France.

Supervisor: Nancy Green, Research Director.

Master’s Thesis: “La confection à Salonique (1980–2005): L’expérience de la transition” [Garment industry in Thessaloniki (1980–2005): The Experience of Transition]

2005: BA Honours degree in History, Archaeology, Faculty of Philosophy, Aristotle University of Thessaloniki (AUTH).

RESEARCH INTERESTS

- Contemporary forms of employment and working conditions
 - Employment and labour policies
 - Transformations in labour relations
 - Care work
 - Intersectional approaches to labour
-

LANGUAGES

Greek: Mother tongue

French: Excellent Knowledge / C2

English: Excellent Knowledge / C2

RESEARCH PROJECTS

2022–2026: Postdoctoral researcher (decision of the 129th/11.05.2022 meeting of the Assembly of the Department of Sociology of the University of the Aegean for the preparation of postdoctoral research). Research title: “Experience of motherhood and care for children with disabilities”.

02.2019–04.2020: Research team member: PHARE PROJECT, “Experiences of disability in France and Greece. Relations between people with disabilities, carers and health professionals”, Institut de Recherche en Santé Publique (GIS–IRESP).

02.2018–04.2020: Research team member: “Strengthening primary medical care in isolated and degraded cross–border areas” (code 93582), Scientific Supervisor Benos Alexis, Aristotle University of Thessaloniki, INTERREG V–A GREECE–BULGARIA.

10.2010–11.2010: Research team member in France, “Migrant Domestic / Care Workers in France, Italy and Germany: Labour Conditions, Institutional Frameworks and Status Claims”, Research Coordinator Ito Ruri, Transnational sociology program, Hitotsubashi University, Japan.

06.2008: Interviewer, “Survey on young energy professionals and precariousness”, Research supervisors Bouchareb Rachid, Clair Isabelle, Dargent Claude, Hirata Helena, GTM–Centre National de la Recherche Scientifique (CNRS) et Caisse Centrale d'Activités Sociales–Electricité de France (CCAS–EDF), France.

PUBLICATIONS

Academic Theses & Dissertations

MAKRIDOU Efthymia (2014), “*Le care dans tous ses éclats. Les employées au service des personnes âgées: entre contraintes et petits arrangements*” [Care in all its forms : Employees serving the elderly : caught between constraints and informal arrangements], PhD thesis, Paris 8–CNRS, Supervisor: HIRATA Helena, Emeritus Director of Research, Centre National de la Recherche Scientifique (CNRS), Paris, France. To be published by L'Harmattan–Sciences Humaines et Sociales. Retrieved from: <https://octaviana.fr/document/2014PA080017>

MAKRIDOU Efthymia (2006), “*La confection à Salonique (1980–2005): L'expérience de la transition*” [Garment industry in Thessaloniki (1980–2005): The Experience of Transition], Diploma Thesis, École des Hautes Études en Sciences Sociales (EHESS), Supervisor: GREEN Nancy, Director of Research, France. Unpublished.

Guest Editor of a Special Issue in a Peer-Reviewed Journal

DAMAMME Aurélie, IBOS Caroline, **MAKRIDOU** Efthymia (2022), “Luttes de care. Entre résistances et action collective” [The struggles for care. Between resistance and collective action], *Cahiers du Genre*, vol. 72, no. 1. Retrieved from: <https://shs.cairn.info/revue-cahiers-du-genre-2022-1?lang=fr>

Peer-Reviewed Journal Articles

SYMINTIRIDOY Despoina, PAGKOZIDIS Ilias, MYSTAKIDOU Stavroula, BIRTSOU Charis, PLOUKOU Stella, BEGOU Stavroula, ANDREOU Martha, DANDOULAKIS Michael, THEODOROPOULOS Elias, MANOLAKI Chrysanthi, AVAKIAN Ioanna, **MAKRIDOU** Efthymia, AVGERINOY Christina, PAPAGEORGIU Iosifina, SMYRNAKIS Emmanouil (2023), “Perspectives of non-hospitalised patients with COVID-19 self-isolating for 10 days at home: A qualitative study in primary care in Greece”, Special issue Covid and post-Covid: The psychological and social impact of COVID19, *COVID*, no. 6, p. 882–896. DOI: 10.3390/covid3060064

DAMAMME Aurélie, IBOS Caroline, **MAKRIDOU** Efthymia (2022), “Dans l’ombre des rapports sociaux, les pourvoyeuses du care protestant” [In the shadow of social relations, the providers of care protest], (introduction of the thematic issue), *Cahiers du Genre*, vol. 72, no. 1, p. 5–32, DOI: 10.3917/cdge.072.0005

SMYRNAKIS Emmanouil, SYMINTIRIDOY Despoina, ANDREOU Martha, DANDOULAKIS Michael, THEODOROPOULOS Elias, KOKKALI Stamatia, MANOLAKI Chrysanthi, PAPAGEORGIU Iosifina, BIRTSOU Charis, PAGANAS Aristofanis, STACHTEAS Panagiotis, VLACHOPOULOS Nikolaos, PAGKOZIDIS Ilias, ZEIMBEKIS Akis, ROKA Violeta, GIAKOUKIS Anastasios, KOTSANI Marina, AVAKIAN Ioanna, **MAKRIDOU** Efthymia, GAVANA Magda, HAIDICH Anna-Bettina & AVGERINOY Christina (2021), “Primary care professionals’ experiences during the first wave of the COVID-19 pandemic in Greece: a qualitative study”, *BMC Family Practice*, n°22, article number 174, DOI: 10.1186/s12875-021-01522-9.

MAKRIDOU Efthymia (2016), “Cuidados e itinerarios de migrantes. Aprender de la diversidad de situaciones” [Care and Migrant Trajectories: Learning from the Diversity of Situations] *Sociología del Trabajo*, n°86, p. 28–43.

HIRATA Helena, **MAKRIDOU** Efthymia (2015), “Travail. Éthique. Politique. Les développements récents des théories du care en France. Regard sur... le care” [Work. Ethics. Politics. The Recent Developments in Care Theory in France], *Travail, Genre et Sociétés*, n° 33, p. 172–176. DOI: 10.3917/tgs.033.0172

It was also published in the scientific journal *La Revista Latino-americana de Estudos do Trabalho*, n° 32, 2014, p. 253–258.

BORGEAUD-GARCIANDIA Natacha, HIRATA Helena, **MAKRIDOU** Efthymia (2010), “Note de lecture consacrée à quatre ouvrages sur le Care”, [Review of four books on care], *Les Cahiers*

du Genre, n° 49, p. 219–224.

Scientific Editing of an Edited Volume

APELLE Mathilde, DAMAMME Aurélie, **MAKRIDOU** Efthymia (eds) (2025), *Handicap et santé. Expériences professionnelles et perspectives critiques* [Disability and health. Professional experiences and critical approaches], Paris, Presses Universitaires de Vincennes.

Contributions to Edited Volumes

PAPADATOS ANAGNOSTOPOULOS Dimosthenis, **MAKRIDOU** Efthymia (2026) “Access, Quality, and Gender Dimensions in Refugee Health Care Services”, PAPADATOS ANAGNOSTOPOULOS Dimosthenis, KOURACHANIS Nikos (eds.). *Securitized Humanitarianism: Social Policy for Refugees Ten Years After the EU–Turkey Statement* (pp. 221–237). Athens: Topos. *(in Greek)*

MAKRIDOU Efthymia (2025), “In Search of Another Paradigm for Oral Health: Disability and the Integration of Dental Services into Primary Health Care”, In APELLE Mathilde, DAMAMME Aurélie & **MAKRIDOU** Efthymia (Eds.), *Handicap et santé. Expériences professionnelles et perspectives critiques* [Disability and health. Professional experiences and critical approaches]. Paris: Presses Universitaires de Vincennes, p. 73–85. *(in French)*

MAKRIDOU Efthymia, SMYRNAKIS Emmanouil (2025), “Lost in translation: (Non) Communication practices and training challenges for primary care health professionals” in APELLE Mathilde, DAMAMME Aurélie, **MAKRIDOU** Efthymia (eds), *Handicap et santé. Expériences professionnelles et perspectives critiques* [Disability and health. Professional experiences and critical approaches]. Paris: Presses Universitaires de Vincennes, p. 105–114. *(in French)*

PAPADATOS ANAGNOSTOPOULOS Dimosthenis, **MAKRIDOU** Efthymia, POULIMAS Michalis (2021), “The public health crisis as a security crisis”, in KAPSALIS Apostolos, KOUMARIANOS Vangelis, KOURACHANIS Nikos (eds.), *Social Policy, Authoritarian Neoliberalism and the Pandemic*, Athens, Topos, p. 267–290. *(in Greek)*

BENOS Alexios, PAPAMICHAEL Dimitris, **MAKRIDOU** Efthymia, POULIMAS Michalis, KONDYLIS Ilias (2021), “Social determination of health and inequalities in the COVID 19 pandemic”, in KONDYLIS Ilias, BENOS Alexios (eds.) *Pandemic and modern threats to public health*, Athens, Topos and KEPY, p.85–98. *(in Greek)*

HIRATA Helena, **MAKRIDOU** Efthymia, MATSUO Myrian (2017), «Trajectoires professionnelles et rapports sociaux : le travail du care dans une perspective comparative» [Professional Trajectories and social relationships: a comparative examination of care work], in DAMAMME Aurélie, HIRATA, MOLINIER Pascale (eds), *Le travail entre public, privé et intime. Comparaisons et enjeux internationaux du care* [Work between the public, private and staff. Comparisons and international perspectives on care], Paris, l’Harmattan, p.33–53. *(in French)*

Translation and publication in Spanish (2021): *El trabajo: entre lo público, lo privado y lo íntimo. Comparaciones y desafíos del cuidado*, EdUNLa, Buenos Aires, 2021, ISBN–13 (15)978–987–4937–95–7

MAKRIDOU Efthymia (2015), “Comment les aides à domicile pensent–elles à la fois le bien–être des bénéficiaires et le leur” [How Do Home-Care Workers Think About Both the Beneficiaries’ Well-Being and Their Own?], in BERCOT Régine (ed), *Le genre du mal–être au travail* [Gender and Psychosomatic Health at Work], Toulouse, Octares, p. 123–150. (*in French*)

Research Reports

PAPADATOS ANAGNOSTOPOULOS Dimosthenis, KOURACHANIS Nikos, **MAKRIDOU** Efthymia (2020), *The management of the COVID-19 epidemic crisis in refugee populations in Greece. Critical analysis*, KEPY Report, 2020.3, p. 32. (*in Greek*)

KONDYLIS Ilias, PANTOULARIS Ioannis, **MAKRIDOU** Efthymia, ROTULO Arianna, SERETIS Stergios, BENOS Alexios (2020), *Critical assessment of the preparedness and policies to deal with the pandemic of the new corona (SARS–CoV–2): international and Greek experience*, KEPY Report, 2020.3, p. 19. (*in Greek*)

PAPADATOS ANAGNOSTOPOULOS Dimosthenis, **MAKRIDOU** Efthymia, TSALIS Panagiotis, SMYRNAKIS Emmanouil, BENOS Alexios (2019), *Constraints’ analysis to access PHC*, WP4.2.1 SMiLE project (Interreg Greece–Bulgaria), Aristotle University of Thessaloniki, p. 58. Retrieved from: <https://www.smile-interreg.eu/2020/04/21/deliverable-4-2-1-constraints-analysis-to-access-phc/>

Papers in Peer-Reviewed Conference Proceedings

PAIDA Melpomeni, **MAKRIDOU** Efthymia, DALAKOURA Dimitra, SMYRNAKIS Emmanouil, BENOS Alexios (2024), “Termination of pregnancy in Greece. Intersecting views among women and gynecologists”, *European Journal of Obstetrics & Gynecology and Reproductive Biology*, vol. 293, p. 101, Feb. 2024, DOI: 10.1016/j.ejogrb.2023.08.283.

MAKRIDOU Efthymia (2026), “Gender and Disability: A critical approach to active labour market policies in Greece”, Proceedings of the *2nd International conference on disability studies: disability lives matter, examining disability and idealized normality*, Thessaloniki, Aristotle University of Thessaloniki [forthcoming]. (*in Greek*)

MAKRIDOU Efthymia (2014), “You have no choice. There are no French women here: Migration and Care Labor in Île–de–France”, in Aurégan Xavier, Quagliariello Chiarra (eds), *Local, global et nouvelles frontières* [The local, the global and the new borders], Saint Denis, Presses Universitaires de Vincennes, Coll. Travaux et documents, n° 59, p. 123–136. (*in French*).

MAKRIDOU Efthymia (2009), “Globalization, industrial relocation, and the case of small-scale

manufacturing in Greece”, in AVRIL Cristelle, LOMBA Cédric et SERRY Hervé (eds), *Formes d’emploi et pratiques du travail* [Employment forms and work practices], Saint Denis, Presses Universitaires de Vincennes, Coll. Travaux et documents, n° 42, p. 57–70.

SELECTED PRESENTATIONS AT PEER-REVIEWED SCIENTIFIC CONFERENCES

MAKRIDOU Efthymia (2024), “Disability and gender: A critical approach to active labour market policies in Greece”, National conference: The future of social work: from advocacy to self-representation, Thessaloniki, 11–12 October.

MAVROPOULOU Sofia, **MAKRIDOU** Efthymia, ZISSI Anastasia, VOTSKOU Anna (2024), “Mothers’ positive insights about their autistic children: implications for partnering with teachers”, *17th IASSIDD (International association for the scientific study of intellectual and developmental disabilities) World congress: Reimagining connections between teachers and parents of students with developmental and intellectual disability*, Chicago, 5–8 August.

PAIDA Melpo, **MAKRIDOU** Efthymia, DALAKOURA Dimitra (2024), “Between “women’s rights” and “terrible sins”: Intersecting Views on Abortions in Greece”, *III ReproMob International congress: Between conservative onslaughts and rights conquests: vulnerabilities, inequities and reproductive justice*, Institute of anthropological science, Buenos Aires, hybrid format, 8–10 April.

PAIDA Melpo, **MAKRIDOU** Efthymia, DALAKOURA Dimitra (2023), “Intersecting perspectives on abortion among women and gynecologists in Greece. A qualitative analysis”, *The 5th international marxist feminist conference: body, work and care in contemporary digital capitalism*, Warsaw, 16–17 November.

PAIDA Melpomeni, **MAKRIDOU** Efthymia (2022), “Termination of pregnancy: Cis-women’s experiences. Gynecologists’ attitudes and perceptions”, *11th European Feminist Research Conference*, Milan, 15–18 June.

MAKRIDOU Efthymia (2020), “Care: politiques publiques et rapports sociaux” [Care: Public Policies and Social Relations], Colloque International, Autour des travaux d’Helena Hirata, Travail, genre et subjectivités: De l’usine au travail du care [About Helena Hirata’s work, gender and subjectivities: from the factory to care work], Paris, 27–28 January.

SMYRNAKIS Emmanouil, **MAKRIDOU** Efthymia, TSALIS Panagiotis, TAPALI Julia, NANIPOYLOS Aristotelis, BENOS Alexios (2018), “Disability awareness of primary health care professionals”, *European Forum for Primary Care*, Heraklion, 24–25 September.

MAKRIDOU Efthymia, DAMMAME Aurélie (2018), “Violences et care, le point de vue des professionnels du care et des personnes handicapées” [“Aspects of violence in care work: Insights from professionals and people with disabilities”], *8e Congrès International des Recherches Féministes dans la Francophonie (CIRFF)*, Nanterre, 27–31 Août.

MAKRIDOU Efthymia (2017), “Qui est le vulnérable ? Les relations complexes des employées avec les personnes âgées et leurs proches” [Who counts as vulnerable? The complex relationships between care workers, older people, and their families], *Colloque de RT 24 et 25 de l'Association française de Sociologie: Relation de service et intersectionnalité* [Services and interdisciplinarity], Paris, 16–17 Mars.

The video of the presentation has been published on Canal U:

https://www.canalu.tv/video/site_pouchet_cnrs/relation_de_service_ou_servitude_efhtymia_makridou.34105

INVITED SPEAKER TO RESEARCH SEMINARS (SELECTED)

APELLE Mathilde, DAMMAME Aurélie, **MAKRIDOU** Efthymia (2025), Presentation of the edited volume *Le handicap aux frontières de la santé. Expériences professionnelles et perspectives critiques* [Disability at the boundaries of health: professional experiences and critical perspectives]. Public seminar, CRESPPA–Cultures et Sociétés Urbaines (CSU), Centre National de la Recherche Scientifique (CNRS), Paris, 3 June.

DAMAMME Aurélie, IBOS Caroline, **MAKRIDOU** Efthymia (2022), Presentation of the special issue *Luttes de care. Entre résistances et action collective* [Care Struggles: Between resistance and collective action], *Cahiers du genre*, no. 72. Public seminar, CRESPPA–Genre, Travail, Mobilités (GTM), CNRS, Paris, 11 October.

DAMAMME Aurélie, **MAKRIDOU** Efthymia (2018), “Interroger la prétendue nouveauté des crises du care” [Questioning the alleged novelty of care crises]. Study day within the public seminar series *Crises du care? Regards critiques à partir des théories féministes*. CRESPPA-Genre, Travail, Mobilités (GTM), CNRS, Paris, 12 April.

MAKRIDOU Efthymia (2017), “De l'engagement paradoxale des aides à domicile à leur travail aux paradoxes de l'analyse sociologique des émotions” [From the paradoxical commitment of home-Care workers to the paradoxes of the sociological analysis of emotions]. Public seminar, Centre d'Études Littéraires et Scientifiques Appliquées (CELSA), Sorbonne Université, Paris, 20 December.

MAKRIDOU Efthymia (2017), “Qu'est-ce qu'un bon travail et pour qui ?” [*What Counts as Good Work, and for Whom?*]., Public seminar, CRESPPA–Genre, Travail, Mobilités (GTM), CNRS, Paris, **11 October**.

MAKRIDOU Efthymia (2016), “De l'interaction à la relation: questions sur l'analyse du travail de care dans les maisons de retraite” [From Interaction to relationship: reflections on

analysing care work in nursing homes, Public seminar, Centre for Research on Individuals, Trials and Societies (CeRIES), University of Lille 3, Lille, 13 June.

TEACHING EXPERIENCE

Undergraduate Programs

As Academic and Scholar

11.2018–09.2019: Department of Medicine, Aristotle University of Thessaloniki
Course: Research Methodology

As Lecturer and Research Fellow (ATER)

09.2015–08.2016: Institut Universitaire de Technologie, University Lille 3–Courses:
Sociology of gender; Actors, dynamics and space; Society, populations and space; Sociology of health and social policies; Individuals and societies; Sociology of the city

03.2012–08.2012: Department of Sociology, University of Paris 8–Courses:
Qualitative research methods: interview; Description of French society

Postgraduate Programs of Study

As Academic Scholar

11.2018–09.2019: MSc Public Health and Health Policy, School of Medicine, Aristotle University of Thessaloniki–Courses: Methodology of Research in the Social Sciences / Sociology of Health.

11.2018–09.2019: Adjunct Teaching, MSc Public Health and Health Policy, School of Medicine, Aristotle University of Thessaloniki–Courses: Social Determinants and Inequalities in Health; Sociology of Health.

As a scientific associate–lecturer (Decision of the Department Assembly with Prot. No. 2324/17, School of Medicine, Aristotle University of Thessaloniki):

10.2019–06.2022: MSc Public Health and Health Policy (AUTH), Courses: Methodology of Research in the Social Sciences / Sociology of Health.

10.2019–06.2022: Teaching Assistant, MSc Program Public Health and Health Policy, School of Medicine, Aristotle University of Thessaloniki–Courses Social Determinants and Inequalities in Health and Sociology of Health

05.2018–06.2018: Teaching Assistance, Master’s Program Medical Research Methodology, Department of Medicine, Aristotle University of Thessaloniki–Course “Social Epidemiology:

Social Determinants and Inequalities in Health.”

As guest lecturer

03.2022: "Presentation of the NVivo software and thematic analysis", Department of Sociology, University of the Aegean, Postgraduate Program (MSc), Applied–Clinical Sociology and Art, course Theory and Sociology of Social Research II, scientific coordinator Zissi Anastasia, March 13.

SUPERVISION OF MASTER’S THESES

2025: KOSTAKI Stavroula, *Biomedical cis–heteronormativity and LGBTQI discrimination in access to healthcare*, Postgraduate Program: Public Health and Health Policy, Aristotle University of Thessaloniki. DOI: [10.26262/heal.auth.ir.363509](https://doi.org/10.26262/heal.auth.ir.363509)

2022: PAIDA Melpomeni, *Termination of pregnancy: Women’s experiences. Gynecologists’ attitudes and perceptions*, Postgraduate Program: Public Health and Health Policy, Aristotle University of Thessaloniki. DOI: [10.26262/heal.auth.ir.346687](https://doi.org/10.26262/heal.auth.ir.346687)

2021: SILVISTOPOULOU Evmorfia, *Exploration of attitudes and practices of Thessaloniki’s health professionals regarding the treatment of obesity in the adult population*, Postgraduate Program: Public Health and Health Policy, Aristotle University of Thessaloniki. DOI: [10.26262/heal.auth.ir.331117](https://doi.org/10.26262/heal.auth.ir.331117)

2021: PAPADELI Chrysi, *Dental care for children with disabilities, the experience of parents–guardians, a qualitative study in Thessaloniki*, MSc Program: Public Health and Health Policy, Aristotle University of Thessaloniki. DOI: [10.26262/heal.auth.ir.336205](https://doi.org/10.26262/heal.auth.ir.336205)

ORGANISATION OF WORKSHOPS/CONFERENCES

2020: Member of the organizing committee of the international conference "Inclusion in Health: Practices, Training, Innovations", Aristotle University of Thessaloniki–Centre National de la Recherche Scientifique (CNRS), hybrid conference, 20–21 March.

2018: With Aurélie Damamme, co–organizer of the conference “Crises du care? Regards critiques à partir des théories féministes” [Crisis in care? Critical Insights from Feminist Theory Centre National de la Recherche Scientifique (CNRS), Paris, 12 April.

2013: Member of the organising committee of the international conference 'Théories et pratiques du care: comparaisons internationales' [Theories and practices of care: international comparisons], Paris Descartes University, Paris, 13–14 June.

SCHOLARSHIPS

2006–2008: A.G. Leventis Foundation Scholarship for doctoral research

2005–2006: A.G. Leventis Foundation Scholarship for postgraduate research

2003–2004: Erasmus Scholarship, University of Paris 1, Panthéon–Sorbonne

OTHER PROFESSIONAL EXPERIENCE

2018–2026: *Employment Counselor*, Public Employment Service (DYPA)

2015: *Assistant Librarian*, Bibliothèque Nationale de France, Paris

2010–2012: *Teaching Staff*, Initiatives–Technical Institute / Social and Health Care Training Foundation, Paris. Delivered training seminars for the French state professional certifications “éducateur-moniteur” (two-year program) and “éducateur spécialisé” (three-year program).

2008: *Information Documentation Technician*, Descartes University, Inserm, CNRS, Paris.